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Water Fluoridation

Why fluoridate drinking water?

The U.S. Centers for Disease Control (CDC) has proclaimed water fluoridation to be one of the top ten greatest public health achievements of the past century. It is an effective, safe, and inexpensive way to prevent tooth decay and benefits Americans of all ages and socioeconomic status.

According to the American Water Works Association, tooth decay has been reduced 20%-40% since the introduction of water fluoridation into North American water systems.

Is water fluoridation safe?

In 1993, the National Research Council completed a study that found low-level fluoride ingestion to be safe.

Does the City of Arlington fluoridate its water?

Yes. The Centers for Disease Control set a range for acceptable fluoride content in drinking water to 0.7 mg/L to 1.2 mg/L. According to the [2005 City of Arlington Drinking Water Quality Report](#) published in May 2006, the City's fluoride level ranged from .2 to .9 ppm (parts per million= mg/L).

For more information about fluoridation of water, please visit the following American Water Works Association pages: www.drinktap.org and On Point: Fluoride http://www.awwa.org/Advocacy/YourWater/Issues/OnPoint_Fluoridation.cfm.